



Effective immediately NYS has new requirements for nap arrangements. The arrangements include:

- *Children will nap on a mat/cot or in a crib depending on age
- *The napping children will be directly supervised in the classroom
- *Children 6 weeks to 18 months will sleep on their back in a crib (unless specified otherwise with a doctors note)

My child is between 12 & 18 months may sleep on a cot

- *Children 18-36 months will sleep on a cot
- *Children 3 and older will sleep on mats

Please sign that you have read and understood these requirements

Parent Signature

Date